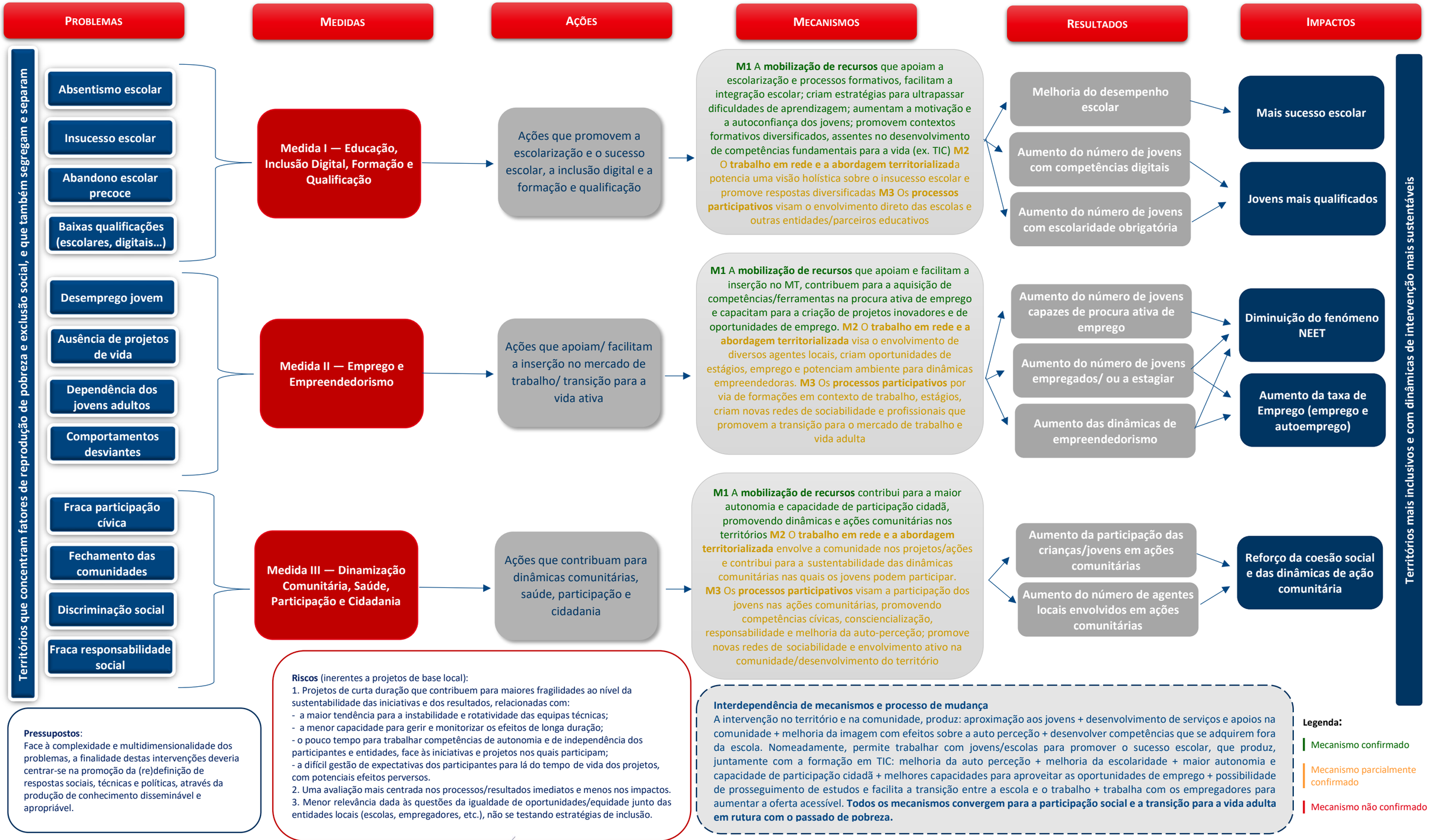Figura 5. Esquema da Teoria da Mudança da TO 3.11 – Programa Escolhas